

BEST

MANAGEMENT BY SAFETY TRAINING & CONSULTING LTD.



BEST Safety Training & Consulting

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Wear a Respirator?

Your workplace must comply with:

[O.Reg 833/90](#) & [O.Reg 490/09](#)

Know the Difference

1. Masks provide source control
2. N95s are respirators and filter 95% of air particles
3. Air purifying respirators filter the air.

Need Help?

[Contact us today.](#)

March 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Review O.Reg 833/90. Done <input type="checkbox"/>	2 Review O.Reg 490/09. Done <input type="checkbox"/>	3 Read the MLTSD's page on respirators. Done <input type="checkbox"/>	4 Review CSA Standard z94.4-02 Section A. Done <input type="checkbox"/>	5
6	7 SIGN UP TODAY! Respirator & Fit Testing TTT Done <input type="checkbox"/>	8 Review CCOHS's respirator selection facts. Done <input type="checkbox"/>	9 SIGN UP TODAY! Respirator & Fit Testing Theory Done <input type="checkbox"/>	10 Does your work use respirators? Unsure? Ask. Done <input type="checkbox"/>	11 Do you require medical or face masks? Ask. Done <input type="checkbox"/>	12
13	14 Use air purifying respirator? You need training. Done <input type="checkbox"/>	15 Happening NOW Respirator Safety & Fit Testing TTT Done <input type="checkbox"/>	16 Happening NOW Respirator Safety & Fit Testing Done <input type="checkbox"/>	17 Use facemasks? Know how to don and doff. Done <input type="checkbox"/>	18 Need help? Contact BEST Safety Training. Done <input type="checkbox"/>	19
20	21 Wear a Respirator? Get a fit test. Done <input type="checkbox"/>	22 Time to inspect your respirator for wear. Done <input type="checkbox"/>	23 Have a fit test? Grab a razor and shave that beard. Done <input type="checkbox"/>	24 Miss training? Consider an online course. Done <input type="checkbox"/>	25 Review your respirator safety program. Done <input type="checkbox"/>	26
27	28 Do a positive pressure seal check. Done <input type="checkbox"/>	29 Wear glasses? Remove, don, seal, glasses on. Done <input type="checkbox"/>	30 Do a negative pressure seal check. Done <input type="checkbox"/>	31 Get Monthly tips: Sign up for our Newsletter. Done <input type="checkbox"/>		