

BEST

MANAGEMENT BY SAFETY TRAINING & CONSULTING LTD.



BEST Safety Training & Consulting

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August

2022

Operations Kickstart

An unparalleled EI program experience offering an intensive, spaced-learning, multi-module interactive learning experience.

Leading with EI Program

- ✓ Reduce Lost-Time Injuries
- ✓ Increase your EI skills
- ✓ Improve safety culture
- ✓ Empower others
- ✓ Elevate your leadership

Need Help?

[Contact us today.](#)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Check out Operations Kickstart! Done <input type="checkbox"/>	2 We know! It's awesome! Register now. Done <input type="checkbox"/>	3 Note your safety stats for comparing later. Done <input type="checkbox"/>	4 Read this great EHSToday article on EI and safety. Done <input type="checkbox"/>	5 Listen to a Daniel Goleman EI Podcast. Done <input type="checkbox"/>	6
7	8 Commit to recognizing an emotion today. Done <input type="checkbox"/>	9 Recognize and name an emotion today. Done <input type="checkbox"/>	10 Did you do it yet? Register for the EI Program today. Done <input type="checkbox"/>	11 Can't wait? Check out some EI eLearning. Done <input type="checkbox"/>	12 Need help? Contact BEST Safety Training. Done <input type="checkbox"/>	13
14	15 Challenge your perspective vs. their perspective. Done <input type="checkbox"/>	16 Remind yourself that your feelings are valid. Done <input type="checkbox"/>	17 Recognize and name a feeling, then lean in. Done <input type="checkbox"/>	18 You still didn't do it? Register for the EI Program! Done <input type="checkbox"/>	19 Focus on your breath. Breathe deeply 3 times. Done <input type="checkbox"/>	20
21	22 Listen today, and "hear" between the lines. Done <input type="checkbox"/>	23 Listen closely – what are they telling you? Done <input type="checkbox"/>	24 August is almost over! Register for the EI Program! Done <input type="checkbox"/>	25 Check out some leadership eLearning. Done <input type="checkbox"/>	26 Gather your team and take a stretch break. Done <input type="checkbox"/>	27
28	29 How are you? Ask 3 teammates and listen closely. Done <input type="checkbox"/>	30 Do you need help with something? Ask. Done <input type="checkbox"/>	31 Get Monthly tips: Sign up for our Newsletter. Done <input type="checkbox"/>			