



February 2024

SMART Goals are:

- ✓ Specific
- ✓ Measurable
- ✓ Achievable
- ✓ Relevant
- ✓ Timely

Safety Goal Reflection

Ask: What safety goals do I want to achieve this year?

Now Ask: What do I need to do to achieve my safety goals?

Need Help?

[Contact us today.](#)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Spend today reflecting on the past year.	2 Go over training records . What's overdue?	3
4	5 Write your vision. Share it with the team & JHSC.	6 Bring your key players and JHSC together to plan.	7 What are your 2024 safety goals?	8 Consider how to make your goals Specific.	9 Need help? Contact BEST Safety Training.	10
11	12 Fill in the details. How will you get to your goal?	13 Review safety walk tools to ensure STF hazards are listed.	14 Are all of the goals Achievable?	15 Ask yourself why you're setting the goal.	16 Are all of the goals Relevant?	17
18	19 What deadlines will you set for your goals?	20 Are your goals Time-bound?	21 Do you have enough time to reach your goals?	22 Is there enough time to revise and set new goals?	23 Call BEST Safety Training . We're on your team!	24
25	26 Get Monthly tips: Sign up for our Newsletter.	27 Book training early to avoid disappointment.	28 Reflect on the goals you set. Are they SMART ?	29 Share and celebrate the 2024 safety goals.		